

Updates regarding CAH's activities as Ontario enters step 3 of reopening

On July 16th 2021, the province of Ontario entered into its step 3 of reopening, bringing with it some changes to certain activities at CAH.

We are very happy to share these changes, which will allow us to be more connected socially and restart certain activities – doing both in larger groups.

Changes – Centre de Vie Active (CVA)

We are looking forward to the CVA outings restarting!

Beginning immediately, the CVA will restart its outings with a few changes:

- To be eligible to use CAH transportation, you will have to have had both doses of your COVID-19 vaccine. This will allow us to have more people in a same vehicle at the same time and in a safe manner.
- If you have not yet received your COVID-19 vaccines, you can still participate in CVA outings but you will be responsible for your own transportation to and from the destination.

CVA activities in August

The CVA continues to adhere to all social distancing and hygiene measures as well as all security guidelines outlined by Public Health and the City of Toronto.

We continue to disinfect all tables, chairs and objects that are used by clients.

Please refer to the activities calendar for details of activities that are planned. On the invitation or poster of each activity, you will find information about capacity limits and number of available spots.

Coming soon - Café du monde in septembre

Many activities are also planned for the Fall, notably a Café du monde on September 8th at 2pm. With the reopening, we would love to hear your ideas for future activities with the CVA! The details for the Café du monde will be shared soon.

Reminders

- You must always wear your mask
- It is important to wash and disinfect your hands in a consistent and thorough manner
- The hairdresser will be at CAH every Thursday; she will be seeing one person at a time. You can make a reservation with Ayda. Please ensure that you wear your mask!

If you have any questions, please contact :

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Andrée Paulin
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Notes :

For more information about Ontario's reopening plan, you can visit their website:

<https://www.ontario.ca/page/reopening-ontario>