



Toronto December 3, 2021

FROM THE MANAGEMENT TEAM

Hello to all of you,

Welcome to winter and the holiday season!

Since the last edition of the Gazette, there has been a lot going on at CAH. In early November, we received a visit from the visit of the Minister of Affairs, Caroline Mulroney, and Parliamentary Assistant Natalia Kusendova. They came to visit us at Place St-Laurent to see the premises, meet several clients, and also to speak with two of our trainees in training to become care attendants. They enjoyed their visit very much, and were very impressed with the beautiful, and important, work of the CAH staff.

We also met with members of the CAH Board of We also met with the CAH Board of Directors to get to know the new members elected at the last AGM and to go over the strategic plan and future plans for CAH, including the steps of recovery from the COVID-19 pandemic.

In addition, we were able to welcome several new employees. I would like to welcome Nathalie, Samuel, Haley and Brunhyda. We are very happy to have you to have you on the team!

For the members of the Active Living Centre, activities are starting up again with activities are starting up again with renewed enthusiasm: Monday night Bingo, coffee breaks, and the holiday meal. The latter will be held on December 16 and 17. Many other activities are in the works... It is getting cold outside, which sometimes makes it difficult to get around. We know it is important to stay connected, and CAH wants to assure you that we are doing everything we can to keep in touch with you, and help you stay connected to your network, whether it be through Zoom, meeting in community, or going on outings.

The holiday season is a great opportunity to reach out to family and friends, colleagues and neighbors. No matter what your social circle is like, know that you are part of our community and we are here for you.

Barbara and I wish you a wonderful holiday season holiday season. I hope you have the opportunity to see your loved ones, eat well, rest well and to thrive!

Thank you for your time,

A handwritten signature in black ink, appearing to read "Andrée Paulin". The signature is stylized with a large initial "A" and a horizontal line crossing through the middle of the name.

Andrée Paulin
Deputy Executive Director