



CAH MANAGEMENT PRESS RELEASE

Toronto, January 6, 2021

PRESS RELEASE FROM THE MANAGEMENT OF CAH

Hello everyone and Happy New Year!

Who knew? ... We are in the middle of the fourth wave, integrating new recommendations and restrictions to deal with the very high transmissibility of this latest virus strain (Omicron).

I understand that everyone must have a sense of déjà vu, but with much less energy to keep up...

However, we are a resilient community and have shown courage and a very caring approach, which has been the key to our success since March 2020. So let's not give up now.

The CAH team has no intention of being discouraged and clearly intends to take the situation as seriously as it deserves. We have again introduced restrictions and have had to cancel most in-person activities

for at least two weeks. However, we are still here to provide support and help with day-to-day activities.

Toronto, January 6, 2022 we are also here to provide moral support and encouragement, answer questions and help navigate the new rules and restrictions to stay safe.

We were able to get a vaccination clinic here at CAH to receive our third dose of vaccine. A big thank you to everyone who chose to get vaccinated. It is a simple act that helps protect us and our loved ones.

We have measures in place to ensure that any CAH team members isolates themselves in the event of a positive test, and takes time to rest and recover if they feel ill. We ensure that our employees work exclusively with CAH and follow all best practices and procedures to stay safe and interact safely with clients and caregivers.

I know our offices look like they have been abandoned, but rest assured, the team is here (in person as well as virtually) and the great work continues.

We are reaching out to you once again to reassure everyone and to ask you to continue to contribute to this team effort. Please take care and let us know if you are experiencing symptoms or have been close to someone who has tested positive for COVID 19, we are here to help.

Please do not visit us here at 33 Hahn Place unless you are the designated caregiver.

Let's continue to support and encourage each other by staying in touch, by phone and virtually, to make sure everyone is okay and not feeling too isolated.

Let's support and encourage each other to follow guidelines and take precautions, even if we're all tired of it and expected to start the year in a much different way.

Let's continue to set a good example, keep our energy and morale up, be there for each other. One step at a time, we will get through this, together.

A handwritten signature in blue ink, appearing to read 'Barbara Ceccarelli', written over a horizontal line.

Barbara Ceccarelli,
Executive Director, CAH